

ESSEX ROADS CYCLING CLUB



Open 10.2 mile Sporting Time Trial

Promoted for and on behalf of Cycling Time Trials under its rules and regulations

to be held on

Saturday 10th July 2021

Course E1/10a — Start at 8.00 am

Timekeepers – Wendy Dorling & Peter Smith

Awards:

Solo Scratch & Handicap: 1st £40; 2nd £30; 3rd £20. Solo Lady: 1st £30, 2nd £20.

Solo Nearest to Average: £20.

2 up TT: 1st £40; 2nd £20; 3rd £10. 2 up TT Nearest to Average: £10.

Event headquarters:

Comrades Hut, North Hall Road, Henham, Essex, CM22 6JD

No parking available for competitors at the HQ. Please park in the lane under the motorway bridge.

Sign-on will start at 7:20am.

Event secretary: Leonard Gordon, 7 Cambridge Close, Basildon, Essex, SS16 6UW Telephone: 07807 839204

COURSE DETAILS E1/10a

START on B1383 at green paint mark at Gully Cover 20yds south of bend sign which is North of Bus Lay-By opposite road to Saffron Walden and North of "Fighting Cocks" Public House. This is approximately 1.5 miles North of Newport. Proceed through Littlebury and Great Chesterford to turn (5.1m) at Stumps Cross Roundabout junction of B1383/A1301. Retrace along B1383 through Great Chesterford and Littlebury to FINISH at green paint mark at Gully Cover just South of white direction board and approximately 50yards South of start point.

In the interest of your own safety, Cycling Time Trials and the Event Promoters strongly advise you to wear a hard shell safety helmet that meets an internationally accepted safety standard. All juniors and/or riders under the age of 19 years are required to wear a suitably approved helmet.

Cycling Time Trials now requires the use of a flashing rear light whilst competing.

NO LIGHT, NO RIDE

All riders should return to the headquarters as drug testing may be in force at this event.

LONDON EAST LOCAL REGULATIONS

1 Competitors are not allowed to warm up on any part of the designated course once the event has started.

2 No 'U' turns are allowed within sight of either the start or finish points. Riders carrying out this dangerous manoeuvre are liable for disqualification from the event and to further disciplinary action by the London East CTT District Committee.

3 No parking at either the start or finish points, other than the time keeper's car.

4 Body numbers will be available at the event headquarters

5 Body numbers should be returned after the event and the start sheet signed in the signing-off box. Failure to do this will result in your result being marked as 'DNF'.

RIDERS BRIEFING NOTICE

Riders that have finished should proceed straight on to the event headquarters.

Riders waiting to start and officials must stay on grass verge at Start and Finish.

Riders requested to give appropriate hand signal when approaching and making U turn at Stumps Cross Roundabout. Riders must give way to traffic from right

Course Records

Solo Male 20:19 Ashley Cox 3rd Aug 2019

Solo Female 23:30 Helen McKay 3rd Aug 2019

Solo Male (Junior) 22:28 Alfie Salmon 19th Jun 2021

Solo Male (Juvenile) 26:43 James Wicks 22nd May 2021

Solo Female (Junior) 28:07 Katie-Ann Elliston 18th Aug 2018

2 Up TT 20:41 Colin Ward, Timothy Chilvers 17th Aug 2019

This event will be run under the current Covid restrictions so the hut will only be open for the use of the toilets which have to be used one person at a time.

Please park in the road that goes under the motorway and then come to the hut to sign on and collect your number. After finishing return to the hut to signoff.

Take care when cycling down the single track road to the start as the traffic might be busy than normal because of the North Hall Road road closure.

Solos

No	Start	Rider	Club	Gender	Category	Hcap
1	08:01	Peter Robertson	Backpedal	Male	Senior	3:53
2	08:02	Stephen Watson	Hertfordshire Whs	Male	Veteran	6:46
3	08:03	David Young	West Suffolk Wheelers	Male	Senior	7:53
4	08:04	Leah Brook	Lea Valley CC	Female	Veteran	9:23
5	08:05	David Warlow	Essex Roads CC	Male	Veteran	3:00
6	08:06	John Iszatt	Team Vision Racing - Silverhook	Male	Veteran	4:59
7	08:07	Jon Hughes	Sheppey Velo	Male	Senior	*
8	08:08	Jan Harvey	Southend Wheelers	Female	Veteran	8:39
9	08:09	Peter Kennedy	West Suffolk Wheelers	Male	Veteran	12:40
10	08:10	Mark Arnold	VTTA (East Anglia Group)	Male	Veteran	2:34
11	08:11	Hugo Hocknell	Team Salesengine.co.uk	Male	Veteran	3:38
12	08:12	Edward Delville-Jones	Lee Valley Youth CC	Male	Junior	6:14
13	08:13	Phil Bailey	Loose Cannon's Conditioning	Male	Veteran	7:49
14	08:14	Antonio Paolino	Essex Roads CC	Male	Veteran	9:22
15	08:15	Paul Turton	Team Vision Racing - Silverhook	Male	Veteran	2:48
16	08:16	Tom Elwood	Team LDN	Male	Senior	4:55
17	08:17	David Fenn	CC Sudbury	Male	Veteran	7:28
18	08:18	Mark Eastwood	West Suffolk Wheelers	Male	Veteran	8:16
19	08:19	Sue Rogers	Crest CC	Female	Veteran	9:40
20	08:20	Graeme Garner	Essex Roads CC	Male	Veteran	2:25
21	08:21	James Scarth	Bishop's Stortford CC	Male	Veteran	3:07
22	08:22	Samuel Asker	Richardsons-Trek RT	Male	Espoir	5:46
23	08:23	Ian Watson	Metropolitan Police Cycle Club	Male	Veteran	7:48
24	08:24	James Wicks	Essex Roads CC	Male	Juvenile	9:05
25	08:25	Keith Dorling	Team Bottrill	Male	Veteran	2:48
26	08:26	Alex Elferink	East London Velo	Male	Veteran	4:36
27	08:27	Joanna Butcher	Braintree Velo CRC	Female	Veteran	7:27
28	08:28	John Steed	West Suffolk Wheelers	Male	Veteran	8:14
29	08:29	Alan Harvey	Finsbury Park CC	Male	Veteran	9:26
30	08:30	Rob Young	Team Vision Racing - Silverhook	Male	Veteran	2:07
31	08:31	Dan Jenkins	Southend Wheelers	Male	Veteran	3:16
32	08:32	Chris Worsfold	API-Metrow	Male	Veteran	5:36
33	08:33	John Hassall	Bossard Whs	Male	Veteran	7:39
34	08:34	David Hodsman	Dulwich Paragon CC	Male	Senior	9:01
35	08:35	Richard Evans	North Essex Velo	Male	Veteran	2:47
36	08:36	Mark Valios	Partenza-Nude Espresso RT	Male	Veteran	4:11
37	08:37	Anthony Collier	Audax UK	Male	Senior	7:02
38	08:38	Stewart Fung	Redbridge CC	Male	Veteran	8:08
39	08:39	Delyth Williams	Dulwich Paragon CC	Female	Senior	*
40	08:40	Simon Alexander	Richardsons-Trek RT	Male	Senior	2:03
41	08:41	Daniel Ryan	North Road CC	Male	Senior	3:35
42	08:42	Karen Ayles	Maldon & District CC	Female	Veteran	5:05

No	Start	Rider	Club	Gender	Category	Hcap
43	08:43	Anthony Whale	Harlow CC	Male	Veteran	7:33
44	08:44	Nicholas Preston	CC London	Male	Veteran	8:57
45	08:45	Jordan Black	Loose Cannon's Conditioning	Male	Senior	2:40
46	08:46	Jolyon Glynn	Cambridge CC	Male	Espoir	4:09
47	08:47	Nathan Franklin	Stowmarket & District CC	Male	Senior	6:49

2 Ups

No	Start	Rider	Club	Gender	Category
48	08:48	Anton Blackie	Welwyn Whs	Male	Senior
49		Andrew Edwards	Rapha Cycling Club	Male	Veteran
50	08:50	Francesco Mantovani	Islington Cycling Club	Male	Senior
51		Antoine Jaillet	Islington Cycling Club	Male	Senior
52	08:52	James Conway	Metropolitan Police Cycle Club	Male	Veteran
53		Adam Lowe	Metropolitan Police Cycle Club	Male	Veteran
54	08:54	Vivan Kumar	Islington Cycling Club	Male	Senior
55		Faith Hammond	Islington Cycling Club	Female	Senior
56	08:56	Nick Taylor	Metropolitan Police Cycle Club	Male	Veteran
57		Jeremy Parker	Metropolitan Police Cycle Club	Male	Veteran
58	08:58	Paul Kitchen	Islington Cycling Club	Male	Veteran
59		Tom Carter	Islington Cycling Club	Male	Veteran
60	09:00	Julia Freeman	Easterley Road Club	Female	Veteran
61		Terry Garlinge	Easterley Road Club	Male	Veteran
62	09:02	Scott Gauld	Islington Cycling Club	Male	Senior
63		Sam Burnett	Islington Cycling Club	Male	Senior
64	09:04	Alex Pearson	Woolwich CC	Male	Veteran
65		Nick Elson	Woolwich CC	Male	Senior
66	09:06	Aidan Bell	Islington Cycling Club	Male	Veteran
67		Audrey Pirost	Islington Cycling Club	Female	Senior
68	09:08	Matt Donovan	Bedfordshire Road RT	Male	Senior
69		Ian Woodcock	Bedfordshire Road RT	Male	Veteran

Route to the start

Follow the lane going away from the motorway. At the T junction turn right at the T junction onto the B1383. Continue on the B1383 heading North to go through Newport and past the Fighting Cocks Public house until you reach the start. (Approx 5 Miles).

Route back to the hut

As soon as you have finished continue riding South on the B1383. Go through Newport and turn left at the 'Chequers' Pub. Follow the lane until you reach where you have parked your car

Road Directions to the Comrades Hut

If coming South through Newport along B1383 turn left at "Chequers" Pub, Ugley. Continue on the lane and park in lane under Motorway Bridge. Walk under the motorway bridge to turn left onto North Hall Road where you will find the comrades hut on the right-hand side of the road.

If coming North through Stansted Mountfitchett along B1383, turn right at "Chequers" Pub, Ugley and park as above.